

# Safeguarding Adults News

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## Chair's Blog Spot

Hello,

Welcome to the first newsletter of 2023. The Safeguarding Adult Board finished 2022 with a development day. This was an opportunity to reflect on the work of the SAB and consider our strategic plan for the next 2-3 years. A key message from the day was that members were united in their ambition for the SAB to make more progress in communicating with local communities to promote safeguarding. Watch this space!

We decided to commence a review of the structure of the SAB. The first part of this is that we agreed to change how we run the subgroups. Early days, but we are keen to look at a project focused approach to undertake the work to achieve our priorities.

I am keen to ensure that the SAB is taking forward learning from the Safeguarding Adult Reviews we have published in the last year. This will be a key focus of the start of SAB meetings. At the January Board, we focused on how we learn from the feedback of individuals and their families. This was part of the learning from the Connie SAR. HealthWatch provided an update about what they are hearing from the community. Healthwatch asked us to consider how we engage individuals with lived experience on the SAB. This will be discussed with the SAB Executive Leads and a plan will be developed to achieve this.

Best wishes,  
Nicky

## Board Summary

On the 19<sup>th</sup> January 2023, KSAB held a virtual meeting. As discussed at the October SAB, this board would focus on learning from service user and family feedback as a result of recommendations from a recent SAR Report.

The Board received a presentation by Liz Trayhorn, Public Health Principal, Mental Wellbeing & Older People's Health Improvement on Suicide Prevention Strategy. The presentation explained the Strategy is based on the national model and aims to reduce the risk of suicide in high risk groups i.e. young/middle aged men, those in the care of mental health services and those at risk of self-harm.

The Board also received a presentation by Sarah Brown, Service Development & Commissioning Lead for Public Health and Laura Ruff, Development & Commissioning Officer on Learnings from Substance Misuse Deaths. The presentation explained the ONS data suggests 20 people died from drug misuse between 2019-20, which is comparable with the London rate but below the national rate. RBK and its partners agreed to establish a process of Drug and Alcohol Death Reviews. This will be led by Kingston Public Health Team and report to the Safeguarding Adults Board. Each year it will consider a number of drug and alcohol related deaths and examine the involvement of a range of services in the deceased's life with the aim of reducing the number of substance misuse related deaths by learning lessons to improve future practice.

KSAB reviewed the Q3 Adult Safeguarding Performance Data which showed there was a slight decrease in referrals for December. The referral rate will continue to be monitored; it was confirmed the Annual Report for 20/21 and 21/22 will be submitted to the Health & Wellbeing Board for approval; the Chair welcomed comments on the proposed Strategy detailing the SAB's priorities for 2023/25; Cost of Living issues were noted; updates from the sub-groups were received and the future of the sub-groups was briefly discussed.

The next scheduled KSAB is on 20<sup>th</sup> April 2023 commencing at 1.00pm

## Spotlight on....

### **“Making Safeguarding Personal Project”**

The Royal Borough of Kingston upon Thames is keen to learn about your experience so that we can improve the service we provide to Safeguard Adults at Risk. We have asked Healthwatch Kingston to collect independent feedback from people who have been through the adult safeguarding process.

You can provide feedback in the following ways:

- Request Healthwatch Kingston to contact you by telephone or email and to complete the questionnaire electronically
- Complete a paper questionnaire and return to Healthwatch Kingston via Freepost, (you will find the label for this at the end of the questionnaire). This can be requested from Healthwatch Kingston or the Social Worker that led the safeguarding process in Kingston.

You can contact Healthwatch Kingston on 020-3326-1255 (Monday – Friday, 9.00am to 5.00pm), and leave a message. They aim to respond to messages within 72 hours. Alternatively, you can email [info@healthwatchkingston.org.uk](mailto:info@healthwatchkingston.org.uk)

You, (or your representative), will also be encouraged to sign and send either a paper copy or an email of consent to Healthwatch Kingston if you are able to. If you would prefer to [complete the consent form and survey online](#).

You can also attend the Safeguarding Community Reference Group at Healthwatch Kingston. Dates and times are available by contacting Healthwatch Kingston directly.

## Subject Matter Expert Sessions

S.M.E sessions have been arranged as follows:

### ➤ **Basic Safeguarding Awareness**

This session is an introduction to Adult Safeguarding and is aimed at those individuals who are new to their roles and require a basic understanding. The session will cover all areas of adult safeguarding including the types of abuse, triggers, indicators plus much more.

Dates:                   23<sup>rd</sup> March 2023  
                              21<sup>st</sup> June 2023  
                              28<sup>th</sup> September 2023  
                              21<sup>st</sup> November 2023

All sessions are run virtually from 10.00am to 12.30pm

Reserve your place before they get all booked by emailing [ksab@kingston.gov.uk](mailto:ksab@kingston.gov.uk). A calendar invite will be forwarded to you.

Your feedback from each of these sessions is invaluable to us, so wherever possible, please provide feedback – thank you.

## KiSPA (Kingston Safeguarding Practice Award)

The Kingston Safeguarding Adults Practice Awards (KiSPA) was introduced to recognise and reward exemplary safeguarding practice.

Nominations are always welcome and should be submitted on a Nomination Form and forwarded to [ksab@kingston.gov.uk](mailto:ksab@kingston.gov.uk) for consideration.

*Please send all enquiries and information to [ksab@kingston.gov.uk](mailto:ksab@kingston.gov.uk)*

# KSAB Sub-Group Update

## SAR Sub Group



At the last SAR Sub-group meeting in December, and the Extraordinary SAR Sub-group in November new referrals were discussed. It was agreed one would form part of a Thematic Review; one would be a Rapid Review over 2 days and one would be a full SAR over 8-10 days). Expressions of Interest had been invited.

The Report from a Tri-borough SAR would be considered at the next sub-group meeting and a Task & Finish Group looking at recommendations from a completed SAR will be convened shortly. It was also noted that SCIE have training available on "SAR's in Rapid Time", open to SAB's and its partners. The training covers 7 modules, each of 2.5 hours, weekly.

The next meeting is scheduled for 27th March 2023 and all new referrals should be submitted in advance and sent to [sar.referral@kingston.gov.uk](mailto:sar.referral@kingston.gov.uk)

Details of how to make a SAR Referral can be found [here](#).

## Training Sub Group



At the last Training Sub-group meeting in December, it was agreed to postpone the meeting due to poor attendance. The sub-group meeting was rearranged for January and unfortunately attendance was poor again. The Chair acknowledged information received from the sub-group Chair that it had been difficult to maintain the sub-group with low attendance.

The Chair asked what do we want and could this evolve into something else.

The next meeting is scheduled for 13<sup>th</sup> March 2023

## Communications Sub Group



At the last Comms Sub-group meeting in December, it was agreed to postpone the meeting due to poor attendance and rearranged to January 2023.

At the January meeting, the sub-group reviewed the launch of the Safeguarding Pledge, making this available to the wider business community and what next steps to take. The sub-group also agreed to disseminate a 7MB on Predatory Marriage.

The next meeting is scheduled for 13<sup>th</sup> March 2023.

## Participation and Feedback

We would welcome articles highlighting your, your colleague's or even your organisations achievements or publicising planned events.

We would also like feedback and suggestions on how we can ensure the newsletter is relevant and helpful.

Please participate by emailing us at [ksab@kingston.gov.uk](mailto:ksab@kingston.gov.uk) with the subject line 'SAB Newsletter'