

Making lives better



A plan for children, young people and adults with a learning disability in Kingston.



NHS
Kingston
Clinical Commissioning Group



THE ROYAL BOROUGH OF
KINGSTON
UPON THAMES

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HELP

If you need help to understand our Plan, or you need it in **Large Print**, on **audio CD**, in **Braille** or **another language**, please call **name**:

020 8547 XXXX

Welcome to our Plan



Our Plan is for children, young people, all adults with learning disabilities and their families.



Our Plan is about making sure everyone with a learning disability has the chance to live a good ordinary life.



Our Plan is for both health and social care and will last from 2018 to 2022.





We need a plan because

Equal Rights



We want to make life better for people with learning disabilities and their families.



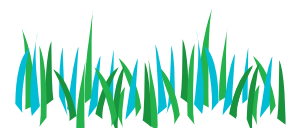
Many people with learning disabilities have problems with their health.



They get harmed and abused more than people who do not have learning disabilities.



Many find it difficult to get the services they need.





Many die at a younger age than people who do not have learning disabilities.



A lot have physical, sight and hearing difficulties as well as health problems.



Many people with learning disabilities and their families have less money than people who do not have learning disabilities.

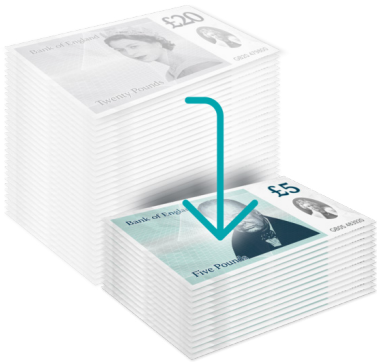


Lots find it hard to get a job.





The Government says we should do more to support people with learning disabilities and their families.



We have less money coming in from the Government so we have some hard choices to make about what we do.



How our Plan was made



We worked with people with learning disabilities and their families.



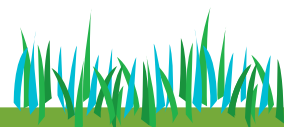
We held lots of events to listen to and learn from people.



We worked with a lot of health, social care and community groups.



Thank you to everyone who helped us make our Plan.



What people want



Good support to do the things they want.



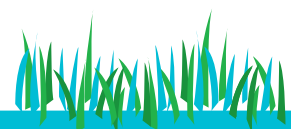
Good information and support to make choices and get the right services.



Support to get a job.



Support to learn new skills.





To go to places like swimming pools, cinemas and libraries.



Health and social care workers who listen to and understand people with learning disabilities.



Health and social care services to work well together.



To be part of Kingston's community.





Parents and carers to get good help.



Everyone to have a Health Action Plan.



Good mental health services to keep people well.



More choice on where to live and have more say.



What we will do



We will do all the things that people with learning disabilities and their families said they wanted.



We will make sure Adult services and Children's services are person-centred and work better together.



We will make sure all services for people with learning disabilities are managed so that everyone works together.



We will make sure health, education and social care services are easy to use and people are supported to find their way around them.

What do we want to get done?



We want to listen to and learn from people with learning disabilities and their families to better understand what they want for themselves.



We want people and their communities to be well supported to build on their strengths and abilities.



We want everyday services to be easy to use for people with learning disabilities so they can have more choice in their lives.



We want good information and advice on what support is out there to help people to stay in control of their lives.

What do we want to get done?



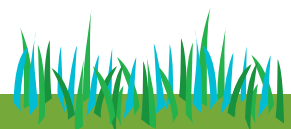
We want health and social care services to be more person-centred, simple and easy to use for people.



We want people to be able to easily get as much support as they need in a friendly and relaxed place as possible.



We want to give people with learning disabilities and their families the best chance to live a full, happy and healthy life.



How are we going to do this?

Kingston



Kingston



We will make sure Kingston Council and Kingston's NHS work more closely together to buy the services children, young people and adults need.



We will bring together health and social care staff to make it easier for people with learning disabilities to get the support they need.



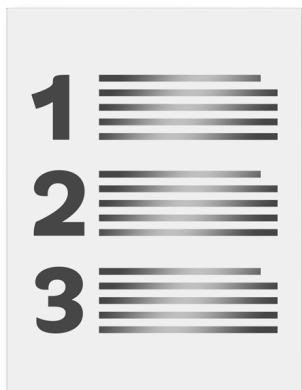
We will find better ways of sharing the information we need to offer better joined-up health, education and social care services.



We will set up a group to make sure everyone is working together to do the things we want to make happen.

People with learning disabilities and their families will be part of this group.

What will we do next?



When our Plan is agreed by everyone, we will write a list of all the things we want to get done.



We will set up a group to make sure change happens.

People with learning disabilities and their families will be part of the group.

